

NAME: ..... DATE: .....

<b>VISION</b> What do you want to create, influence, do?				
<b>STRESS</b> What causes you tension?	<b>LOYAL SOLDIERS</b> What are your deep seeded mental models that have driven your behavior? Do they still serve you?	<b>VOICE</b> What is your unique perspective on the world? How can you most effectively communicate it?	<b>INTENTIONS</b> What notions do you have that are under your control? What do you want to do more of, change, strengthen?	<b>STRENGTHS</b> What allows you to be great? Don't hold back!
<b>PATTERNS</b> What recurring patterns do you observe in your life?	<b>PURPOSE</b> What inspires you to act? Why is your vision important?			<b>ENERGY</b> What gives you energy?
<b>SCARCITY BELIEFS</b> What are your most limiting beliefs about the world and yourself?		<b>VALUES</b> What are your core foundational values?	<b>ABUNDANCE BELIEFS</b> What are your most enabling beliefs about the world and yourself?	



## The Personal Leadership Canvas

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