

# DEVELOP THE LEADER WITHIN

30.03.17 - 02.04.17  
Zell am Moos, Austria

## An Invitation

Expand your leadership capabilities through

- ✓ the courage to face your tigers and turn conflicts into opportunities
- ✓ greater self-awareness and authenticity
- ✓ a sense of peace, calm and presence
- ✓ deeper fulfillment from your work and life
- ✓ a commitment to a greater purpose

**THE LEADERSHIP  
DEVELOPMENT  
INTENSIVE**

with Dr. John Scherer &  
Kathrin Fox



## LEADERSHIP DEVELOPMENT FROM THE INSIDE-OUT

When the 75 members of the Stanford Graduate School of Business's advisory council were asked to recommend the most important capability for leaders to develop in the 21st century, their answer was almost unanimous: self-awareness.

**You are a leader second. First, you are a human being.** Developing the leader as human being is the hardest – and most enduring work that can be done.

This unique program is designed to equip leaders to transform themselves and thereby develop the leadership needed to transform their organizations.

Many professional development programs teach techniques for managing others. The LDI introduces you to some very new – and some very old – approaches for managing yourself. The goal: maximizing your performance and the performance of those around you. The secret: bringing the best of who you are to everything you do.

The **LDI** is a highly experiential journey of self-discovery based on Dr. John Scherer's best-selling book: "Five Questions that Change Everything".

1. **What confronts me?** What 'tigers' do I need to face?
2. **What am I bringing?** What ideas, emotions, assumptions and history am I bringing to the situation?
3. **What runs me?** How am I on automatic without realizing it? And how does this impact my work and my life?
4. **What calls me?** What does life need from me? What unique strengths, gifts and capabilities do I have that call out to be expressed more fully in my life and work?
5. **What will unleash me?** What does it take for me to live my fullest potential, to get out of my own way and BE fully who I am?

By inviting you to explore these questions, the LDI will challenge your assumptions, help you to move beyond perceived limitations and find your true source of effectiveness and purpose.

With uncertainty present now at every level of every organization, new management theories, motivational techniques or better technologies simply aren't enough to ensure success. To thrive in the contemporary environment, leaders need to dare to lead from their innermost core - with authenticity, presence and power.

„Do not take this course if you have any fears about examining who you are, or why you work, lead, live and breathe as you do now. Take it as climbers and divers take the heights and depths. Take it in order to know where it is possible to go.”

*V. Robinson, Toronto*

„Simply stunning!”

*Terry Rogers, CEO,  
Council for Health Care  
Quality*

„The course has forever changed my life, and is priceless!”

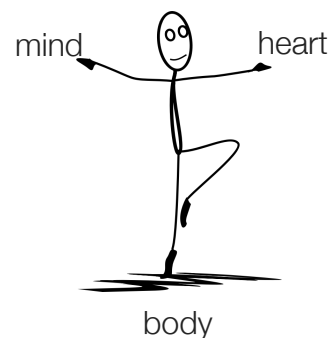
*C. Arnold, Producer*



## THE LDI APPROACH:

### EXPAND THE MIND, STRETCH THE BODY, DEEPEN THE SPIRIT

This training is not a sit-down-and-take-notes kind of experience. There are sessions that challenge your current way of thinking; sessions that relax and strengthen your body; sessions that deepen your connection to that which is most important in your life and in your work. Even though the pace is intense, it is not pressured. In the LDI we operate on the belief that breakthroughs are invited into existence, not coerced or imposed. We help you to learn to use the capabilities you may not have been able to access previously.



## THE LDI JOURNEY:

### PRE-WORK, IN-CLASS TRAINING, FOLLOW THROUGH

Our faculty has a strong commitment to making a significant difference in your capacity as a leader. We want the LDI to be more than a 'mountain top experience' with only short term benefits. For that reason, we work with you to measure results and increase follow-through.

This starts as you begin to complete your pre-work, where you clarify your intention and goals for the program. The LDI in-class session then begins to open up this inner work and expands your self-awareness and range of possibilities that you can access in any circumstances that require your leadership. The journey then continues when you get back home and are tested in the real world. Our follow-through sessions and coaching options set the LDI apart from many programs of this type. This helps you to translate what you experience directly into your life and work, continuing your leadership development long after the in-class session is over.

#### The full journey includes

\* Pre-work prior to the course - think of it as mini-research project about leadership with yourself as subject. Consisting of a questionnaire and videos, this will help you to

set your focus on what you want to get out of this intense experience.

- \* A one-on-one coaching call with one of the facilitators prior to the workshop. This hour is dedicated to you, your goals and your challenges.
- \* 3,5 days intensive in-class workshop that will help you to unleash your greatest (leadership) potential, connect to your purpose and find a greater sense of inner peace and presence.
- \* Follow-through that includes one group call and one more one-on-one coaching call for integration and application in your real life.
- \* Access to a variety of online resources including LDI readings, audio and video content that is an amazingly valuable resource for all questions concerning leadership, organizational development, change and more.



# WHAT YOU WILL GAIN FROM YOUR LDI EXPERIENCE

## IN THE LDI YOU WILL LEARN HOW TO

- ✓ Look at yourself and your work with fresh eyes
- ✓ Shift your leadership position from power OVER to power WITH
- ✓ Unhook from counter-productive reactions and patterns
- ✓ Source your deepest inner power and authority
- ✓ LISTEN differently so people speak their truth
- ✓ Communicate with clarity, presence and authenticity
- ✓ Remain calm and centered in the face of adversity
- ✓ Turn conflict into creative change
- ✓ Discover alternative options for dealing with difficult people and situations
- ✓ Take wiser decisions
- ✓ Resolve 'un-resolvable' conflicts with courage and grace
- ✓ Know the difference between problems-to-be-solved and polarities-to-be-managed
- ✓ Produce extraordinary results despite obstacles and resistance
- ✓ Integrate body, mind, and spirit by making lifestyle changes
- ✓ Turn your work into a powerful vehicle for life-long development
- ✓ Be clear and focused on your greater purpose in relation to self, others and life

## WHO SHOULD ATTEND

Participants are mostly executives and professionals from the private, public and non-profit sectors who are seeking breakthroughs in their leadership development journey. The LDI is designed for people that have already begun to explore their leadership potential, but any leader facing challenges or with the desire to step up and improve his/her performance will find the experience very beneficial.

This is the first LDI ever to take place in Austria (near Salzburg). Do not worry in case English isn't your first language, you don't need to speak perfect English to be able to understand

and communicate in this course. For years now, this program has been taking place in many non-English speaking countries and the groups usually consist of participants from all over the world. Group Size: 6 - 14 Participants



"It's amazing to me how a three-day learning experience could create such watershed change! And it has stuck with me; I use what I learned every day."

Rob Collins, Assistant Director, Port of Tacoma.

## TUITION FEES

We offer three levels of tuition fees. This is due to the fact that we want this valuable experience to be accessible to everyone who needs it and benefits from it.

Depending on your current economic status, please choose (honestly) the appropriate tuition

fee. **Special Offer for Austria // Introductory Price:**

Corporate Level Fee: € 3490,- **instead: €1390,-**

Direct Payer Fee: € 1490, **instead : € 690,-**

Scholarship Fee: **200,- Euro** (only 3 spaces)

\*\*\* if two or more people are sent, a 10% discount applies.

## WHAT'S INCLUDED?

- Pre-Work & One-on-One Coaching Call
  - 3,5 Days LDI in Zell am Moos, Austria
  - Follow-Through: Coaching Calls (2x)
  - Access to „Wiser-At-Work“ Library with 200h+ Video Content on Leadership, Organizational Development, Change, etc.
  - Breakfast & Lunch from Friday to Sunday
  - Coffee, Tea, Drinks, Snacks during Seminar
  - Transport from Hotel / Pension to Seminar Location
- \*\*\*excludes: Lodging, Taxi/Transport from/to Airport or Train, Dinner(s)

## TIME & SPACE



Located at the beautiful Irrsee, Zell am Moos is a small village near Salzburg.

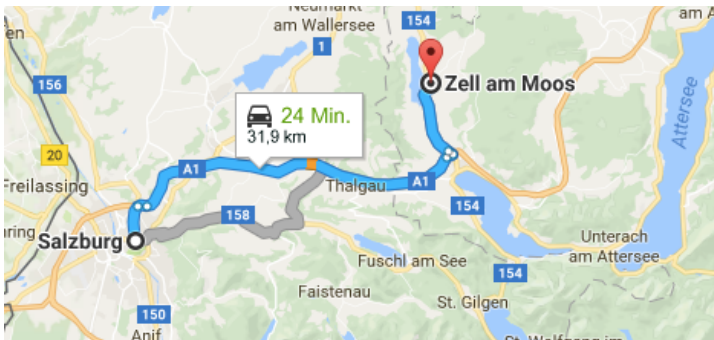
The Seminar Location offers a beautiful view over the Lake and is surrounded by nature:

### FOX

**Brandstattweg 10**

**4893 Zell am Moos**

Lodging can be found nearby - ask for support if needed. We are happy to help you.



### TIMES:

<b>Thursday, 30.03.</b>	<b>13.00 - 18.00</b>
<b>Friday, 31.03.</b>	<b>07.15 - 19.00</b>
<b>Saturday, 01.04.</b>	<b>07.15 - 19.00</b>
<b>Sunday, 02.04.</b>	<b>07.15 - 16.30</b>

## REGISTRATION INFORMATION

If you have any questions or if you would like to reserve a space now, contact

**Kathrin Fox, Consulting & Coaching**  
**info@kathrinfox.com**  
**0049 173 3629094**

The LDI is taking place in cooperation with



## THE FACULTY



### DR. JOHN SCHERER

is the creator of LDI and it's precursor, the sole Executive Development Intensive (EDI). He has been coaching and consulting with leaders and their organizations around the world for over 30 years. A prodigious writer, he is author of hundreds of articles, books and video resources

in leadership, change, conflict and unleashing the human spirit at work.

His 2008 book, *Five Questions that Change Everything*, has been called 'the best business-self-help book ever written'. In 2012 Stephen Covey's *Executive Excellence* magazine listed John as one of America's Top 100 Thought Leaders. In October of this year the Organization Development Network awarded John the 2015 Lifetime Achievement Award

John's corporate clients have included Siemens Poland, Netia, PLAY, Unilever, WARTA Bank, ING, Boeing, Microsoft, The US Army, ACE Hardware, TV New Zealand, Blue Cross-Blue Shield, The Government of Canada, DHL and many others. Currently based in Seattle and Krakow, John is one of the most experienced, innovative and practical organization effectiveness consultants around today.



### KATHRIN FOX

works as Leadership Coach, Conflict Mediator and Culture Change Consultant across a broad range of industries.

Meditator, Mediator, Actress – Kathrin's journey evolves around inner exploration and outer expression. With a professional background in

international project management, change management, education & the performing arts, she uses her interdisciplinary background to challenge and inspire her clients to evolve to the next level.

Kathrin has been certified as Psychodynamic Coach & Consultant for Organizational Development (IPOM, Munich) and was trained in Integral Theory & Coaching by Ken Wilber (SHOS, USA). Numerous trainings in the fields of Psychology, Mindfulness, Leadership Development and Conflict Transformation add to her qualification as skilled facilitator for evoking and accompanying transformation processes inside-out.

Kathrin holds a BA in Education from the University in Innsbruck, a BA in Nonprofit- & Health Care Management from the MCI Innsbruck and currently pursues a MSc. in Professional Development and Transpersonal Psychology at Middlesex University in London.

Those who know much about others may be wise,  
but those who understand themselves are even wiser.  
Those who are master over many may be powerful,  
but those who have mastered themselves are more powerful still.

LAO TZU

**For more Information and Registration,  
please contact**

Kathrin Fox, Consulting & Coaching  
Brandstattweg 10, 4893 Zell am Moos  
[info@kathrinfox.com](mailto:info@kathrinfox.com) | 0049 173 3629094

